

Imperial School Menu 2018/2019

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Sausages (G)	Lamb Bolognese	Roast Chicken	Cheese Flan (G,ML,E)	Salmon Fish Fingers
OPTION 2	Chicken Jalfrezi (G)	Cheese & Potato Pie (ML)	Pork Quesadilla (G,ML)	Lamb Meatballs in Tomato Sauce (E)	Spicy Chicken Puff (G,ML)
OPTION 1 (V)	Quorn Sausages (G,ML,E)	Vegetable Bolognese	Quorn Fillet (E)	Quorn Meatballs in Tomato Sauce (G,E)	Vegetable Burger (G)
SIDES	Creamed Potatoes (ML) Brown & White Rice or Naan Bread (G,ML) ~ Baked Beans Spicy Cauliflower (G) Mixed Salad	Pasta Twists (G) Beetroot Roll (G,ML,E) ~ Sweetcorn Broccoli Mixed Salad	Roast Potatoes Jacket Potato ~ Brussel Sprouts Carrots Mixed Salad	Jacket Potato Pasta (G) ~ Broccoli Coleslaw (E) Mixed Salad	Chips Boiled Potatoes ~ Garden Peas Baked Beans Mixed Salad
ACCOMPANIMENTS	Tomato Sauce Cucumber Raita (ML)	Tomato Sauce	Gravy Stuffing (G) Mango Chutney	Tomato Sauce	Tomato Sauce Vinegar (G)
DESSERT	Chocolate Sponge (G,ML)	Apple Crumble (G) & Custard (ML)	Lemon Shortbread (G,ML) Fruit Salad	Iced Fruit Sponge (G,ML)	Ice Cream (ML)
BREAD	White Bread (G)	Brown Bread (G)	White Bread (G)	Brown Bread (G)	White Bread (G)
MILK – FRUIT – YOGURT AVAILABLE DAILY					
Week Commencing: 26th November, 7th January, 4th February, 11th March, 8th April					

G = Gluten ML = Milk/Lactose E = Eggs V = Vegetarian
For all other allergens please ask a member of catering staff

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Brunch Lunch (ML,E)	Piri Piri Chicken	Roast Chicken	Meat Feast Pizza (G,ML)	Fish Fingers (G)
OPTION 2	Macaroni Cheese (G,ML)	Shepherd's Pie (ML)	Lamb Mince Pasta Bake (G,ML)	Potato Topped Fish Pie (G,ML)	Sticky Spicy Pork
OPTION 1 (V)	Vegetarian Brunch Lunch (G,ML,E)	Piri Piri Vegetables	Quorn Fillet (E)	Margherita Pizza (G,ML)	Vegetable Fingers (G)
SIDES	Hash Brown Jacket Potato ~ Baked Beans Peas & Carrots Mixed Salad	Noodles (G,E) Malted Baguette (G,ML) ~ Sweetcorn Cob Broccoli Mixed Salad	Steamed New Potatoes Garlic Roll (G,ML,E) ~ Cauliflower & Broccoli Gratin (ML) Mixed Vegetables Mixed Salad	Jacket Potato Ciabatta Slice (G,ML) ~ Baked Beans Coleslaw (E) Mixed Salad	Chips Vegetable Cous Cous (G) ~ Garden Peas Baked Beans Mixed Salad
ACCOMPANIMENTS	Tomato Sauce	Gravy	Gravy Sage & Onion Stuffing (G)	Tomato Sauce	Tomato Sauce Vinegar (G)
DESSERTS	Assorted Frozen Yogurt (ML)	Eves Pudding (G,ML) & Custard (ML)	Iced Sponge (G,ML)	Chocolate Tart (G,ML) Fruit Medley	Ice Cream (ML)
BREAD	Brown Bread (G)	White Bread (G)	Brown Bread (G)	White Bread (G)	Brown Bread (G)
MILK – FRUIT – YOGURT AVAILABLE DAILY					
Week Commencing: 3rd December, 14th January, 11th February, 18th March					

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Pork Sausages (G)	Pork Loin in Gravy	Cheese Flan (G,E,ML)	Minced Lamb Cobbler (G,ML)	Bubble Coated Pollock Bites
OPTION 2	Salmon & Broccoli Bake (G,ML)	Lamb Moussaka (G,ML)	Cheese Flan (G,E,ML)	Chicken Curry (G)	Lamb Enchilada (G,ML)
OPTION 1 (V)	Quorn Sausages (G,E,ML)	Quorn Fillet (E)	South American Bean Chilli (G)	Vegetable Cobbler (G,ML)	Cheese & Vegetable Bake (G,ML)
SIDES	Creamed Potatoes (ML) Malted Baguette (G,ML)	Roast Potatoes Pitta Bread (G)	Jacket Potato Vegetable Cous Cousins (G)	Boiled Potatoes Brown & White Rice	Chips Malted Baguette (G,ML)
	Baked Beans Mixed Vegetables Mixed Salad	Broccoli Florets Baton Carrots Mixed Salad	Coleslaw (E) Baked Beans Mixed Salad	Peas Sweetcorn Mixed Salad	Garden/Mushy Peas Mixed Vegetables Mixed Salad
ACCOMPANIMENTS	Tomato Sauce	Gravy Apple Sauce	Tomato Sauce		Tomato Sauce Vinegar (G)
DESSERT	Sandfield's Chocolate Brownie (G,ML,E) Fruit Medley	Apple Crumble (G) & Custard (ML)	Jam & Cream Scone (G,ML,E)	Chocolate Haystack with Raisins (G,ML)	Ice Cream (ML)
BREAD	White Bread (G)	Brown Bread (G)	White Bread (G)	Garlic Flat Bread (G,ML,E)	White Bread (G)

MILK – FRUIT – YOGURT AVAILABLE DAILY

Week Commencing: 12th November, 10th December, 21st January, 25th February, 25th March

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WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Lamb Bolognese	Chicken Fricassée (G,ML)	Selection Of Pizza (G,ML)	Roast Chicken Fillet	Battered Pollock (G,ML)
OPTION 2	Salmon Fillet (G)	Lamb & Vegetable Pie (G)	Mayflower's Fish Curry (G)	Pork Meatballs (G)	Battered Pollock (G,ML)
OPTION 1 (V)	Vegetable Bolognese	Quorn Fricassée (G,ML,E)	Chick Pea Curry (G)	Quorn Fillet (E)	Quorn Burger (G,E,ML)
SIDES	Pasta Twists (G) Herbed Potatoes ~ Broccoli Coleslaw (E) Mixed Salad	Brown & White Rice Creamed Potatoes (ML) ~ Mixed Vegetables Shredded Cabbage Mixed Salad	Jacket Potato Naan Bread (G,ML) ~ Baked Beans Sweetcorn & Mixed Peppers Mixed Salad	Roast Potatoes Malted Baguette (G,ML) ~ Broccoli & Carrots Garden Peas Mixed Salad	Chips Ciabatta Slice (G,ML) ~ Garden/Mushy Peas Baton Carrot Mixed Salad
ACCOMPANIMENTS	Tomato Sauce	Gravy	Tomato Sauce	Gravy Sage & Onion Stuffing (G) Tomato Sauce	Tomato Sauce Vinegar (G)
DESSERTS	Iced Fruit Sponge (G,ML)	Melting Moment (G)	Lemon Biscuit (G,E) Fruit Salad	Mousse (ML)	Ice Cream (ML)
BREAD	Brown Bread (G)	Beetroot Flat Bread (G,ML,E)	Brown Bread (G)	White Bread (G)	Brown Bread (G)

MILK – FRUIT – YOGURT AVAILABLE DAILY

Week Commencing: 19th November, 17th December, 28th January, 4th March, 1st April

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